

EDUCATION

Primary and Secondary Schools in Imola (BO), Italy
School of Psychology, University of Bologna, Italy

QUALIFICATIONS

1999 Doctor of Psychology, University of Bologna
2000 Board Certification in the Chartered List of Psychologists (Italy)
2004 PhD in Clinical Psychology University of Bologna, Italy
November 2005: Assistant Professor of Clinical Psychology, University of Bologna
2009 Psychosomatic Specialist Certificate, International College of Psychosomatic Medicine (ICPM).
October 2017 Associate Professor of Clinical Psychology, University of Bologna
September 2018 Italian National Scientific Qualification (art.16 of the law 30 December 2010, n.240) as Full Professor in the following academic recruitment field: 11/E4 (Clinical and dynamic Psychology).
December 2020: Certificate of Clinical Training in Gestalt Psychotherapy, at “Istituto Gestalt Romagna”, Ravenna.

ACADEMIC AND CLINICAL APPOINTMENTS

1999 - 2015 Staff Psychologist, Affective Disorders Program, Department of Psychology University of Bologna
2005 - Present Associate Director and Clinical Supervisor of the Center for Clinical Psychology, Psychosomatics and Organ Transplants of the Department of Psychology, University of Bologna (*Servizio di Psicologia Clinica, Psicosomatica e per i Trapianti d'Organo. Psicoterapia Cognitivo-Comportamentale* (Director: Prof.ssa Silvana Grandi).
2008 - Present Psychological and psychosomatic assessment at the Laboratory of Psychosomatics and Clinimetrics, Department of Psychology, University of Bologna (Director: Prof.ssa Silvana Grandi).
2018 - 2020 Professional and clinical supervisor for social workers that support and provide services for vulnerable people and non-self-sufficient people and their family caregivers; collaborative agreement with University of Bologna and Municipality of Ravenna.
2002 - 2005 Instructor in “Clinical Psychology” (Modules for Active Learning), School of Psychology, University of Bologna
2005 - 2008 Instructor in “Psychosomatic”, School of Psychology, University of Bologna
2005 - Present Instructor in "Clinical Psychology of Rehabilitation", Second cycle degree programme (LM) in Clinical psychology, School of Psychology, University of Bologna
2010 - 2011 Instructor in “Evaluation and Intervention Methods in Clinical Developmental Psychology”, Second cycle degree programme (LM) in School and community psychology, University of Bologna
2012 - Present Instructor in “Laboratories II” (Clinical Psychology), Second cycle degree programme (LM) in Clinical psychology, Department of Psychology, University of Bologna
2018 - 2019 Instructor in “Psychological Therapy”, Second cycle degree programme (LM) in Clinical psychology, Department of Psychology, University of Bologna
2019 - Present Instructor in “Clinical Psychosomatics”, Graduate School in Clinical Psychology, University of Bologna
2019 - Present Instructor in “Clinical Psychophysiology”, Second cycle degree programme (LM) in Clinical psychology, Department of Psychology, University of Bologna
2019 - Present Instructor in “Clinical Psychology”, in Physical and Rehabilitation Medicine (DI 68/2015; code: 7134), Department of Biomedical and Neuromotor Sciences, University of Bologna

SCIENTIFIC ACTIVITIES AND COLLABORATIONS

1998 - 2015 Collaboration in research at the Department of Psychology, University of Bologna, with Prof. G.A. Fava.

1998 - Present Collaboration in research at the Department of Psychology, University of Bologna, with Prof. C. Rafanelli and S. Grandi.

2003 - 2004 Research Fellow - Harvard Medical School, Depression Clinical and Research Program, Department of Psychiatry, Massachusetts General Hospital, Boston, USA.

2005 - Research Assistant - Italian Ministry of Health, Mental Health Project (PRIN 2005).

2005 - 2006 Principal Investigator - Anxious depression in general medicine (RFO 2005, Ex 60%).

2006 -2007 Principal Investigator - Psychosomatic and rehabilitation medicine (RFO 2006).

2008-2009 Principal Investigator - Psychological intervention to promote gender equality.

2009 Research Assistant - National Project “*Bando Programma Neuroscienze della Compagnia di San Paolo*”, research project title: “Cognitive-behavioral treatment of depression in patients with acute coronary syndrome”.

2007 - Present: Principal Investigator “*Fondi Ricerca Fondamentale Orientata*” (RFO), University of Bologna.

June 2020 - Present: Research collaboration with Professor Kenneth Pakenham, Ph.D., School of Psychology, Faculty of Health and Behavioural Sciences, The University of Queensland, Australia; Program Coordinator of a research project conducted by University of Bologna in collaboration with The University of Queensland titled: "YOLO for Italian Carers" (translation and adaptation for the Italian population of an Internet-Based intervention for young carers called: You Only Live Once - YOLO).

March 2017 - Present: Research collaboration with Professor Kenneth Pakenham, Ph.D., School of Psychology, Faculty of Health and Behavioural Sciences, The University of Queensland, Australia; Program Coordinator of a research project conducted by University of Bologna in collaboration with The University of Queensland for the translation and adaptation for Italian young carers of the Young Carer of Parents Inventory (YCOPI; Pakenham et al., 2006).

25th May 2018 - 31 December 2020: Program Coordinator of a research project conducted by University of Bologna in collaboration with *Azienda Sanitaria Locale (AUSL) of Imola* entitled: “Evaluation of the impact of a parent's chronic disease on youth caregiving: risk and protective factors”.

2015 - Present: Research collaboration with Professor Mario Mikulincer, Ph.D., Dean School of Psychology, Interdisciplinary Center Herzliya, Herzliya, Israel. Program Coordinator at the Department of Psychology, University of Bologna for students in the Second Cycle of Clinical Psychology, University of Bologna for postgraduate learning periods at the Baruch Ivcher School of Psychology, Interdisciplinary Center (IDC) Herzliya, Israel.

2015 - Present: Co-coordinator of a research project entitled: “Evaluation of the allostatic load, of the representations and behaviors of the disease as possible factors of progression of migraine from episodic to chronic migraine”; collaborative research program with the Department of Psychology, University of Bologna and the Department of Biomedical and Neuromotor Sciences (DIBINEM), University of Bologna (Dr. Giulia Pierangeli and dr. Pietro Cortelli).

2015 - Present: member of the research team: “Clinimetrics and psychological well-being” (Scientific Disciplinary Sector: M-PSI/08 - Clinical Psychology), Department of Psychology, University of Bologna.

2015 - Present: member of the research team: “Clinical psychosomatics, organ transplantation and psychological interventions” (Scientific Disciplinary Sector: M-PSI/08 - Clinical Psychology), Department of Psychology, University of Bologna.

2008 - Present: research collaborations with M. Bufalini Hospital, Cesena, Italy (Executive Psychologist Dr. Barbara Novelli).

2001 - Present: research collaborations with Department of General Surgery and Transplantation, S.Orsola-Malpighi Hospital, University of Bologna.

2001 - Present: research collaborations with Institute of Cardiac Surgery, University of Bologna.
2011: Research collaborations with Prof. Thomas N. Wise, M.D., Department of Psychiatry and Behavioral Sciences, Johns Hopkins University School of Medicine, Falls Church, Virginia (USA); director of Research, Sexual Behaviors Consultation Unit.
2003 - 2004: Research collaborations with Prof. George Papakostas, M.D., Director of Treatment-Resistant Depression Studies, Department of Psychiatry, Massachusetts General Hospital (MGH) and Harvard Medical School, Harvard University, Boston (USA).
2003 - 2005: Research collaborations with Prof. Maurizio Fava, M.D., Executive Vice Chair of the Department of Psychiatry Executive, Director of Clinical Trials Network & Institute (CTNI) and Director of the Depression Clinical & Research Program (DCRP), Massachusetts General Hospital (MGH) and Harvard Medical School, Harvard University, Boston (USA).
2003 - 2005: Research collaborations with Prof. Amy Farabaugh, Ph.D., Director, Psychotherapy Research, Depression Clinical & Research Program, Massachusetts General Hospital (MGH) Boston (USA).

ASSESSOR FOR JOURNALS

Associate Editor: Psychosomatic Medicine, Specialty Section of Frontiers in Psychiatry
Ad hoc reviewer:
Current Psychology;
Frontiers Psychology;
Progress in Neuro-Psychopharmacology & Biological Psychiatry;
Sleep Health;
International Journal of Psychological Research and Reviews;
Psicologia della Salute.

PROFESSIONAL AFFILIATIONS

Since 2020 Member of Commissione Terza missione e Servizi del Collegio dei Professori e dei ricercatori di Psicologia Clinica, nominata dal Direttivo per gli anni 2020-2023.
Member of College of University Teachers and Researchers of Clinical Psychology of the Italian Universities (Scientific Disciplinary Sector: M-PSI/08 - Clinical Psychology).
Ordinary member of the Italian Association of Psychology, section Clinical and Dynamic Psychology
Member of “Gruppo per la Ricerca in Psicomatica - GRP”.
Member of “Gruppo di Lavoro Italiano sugli aspetti Psicologici e Psichiatrici dei Trapianti d'Organo”, National transplant center of Italian National Institute of Health
Member of Research Group Transplant Psychology - AIRT (Associazione InterRegionale Trapianti).

POSTGRADUATE EXPERIENCE

June 2003 - December 2003 Research training at the Depression Clinical and Research Program del Department of Psychiatry, Massachusetts General Hospital, Boston, USA. Supervisor: Prof. Maurizio Fava and Amy Farabaugh.
June 2004 - December 2004 Research training at the Depression Clinical and Research Program del Department of Psychiatry, Massachusetts General Hospital, Boston, USA. Supervisor: Prof. Maurizio Fava and Prof. Amy Farabaugh.