

OSMANO OASI CV (SHORT)

Current Academic Position

Qualification: Associate Professor in Psychodynamic Psychology (SSD M-PSI/07)

Seniority: 01/05/2017

University Campus: Catholic University of Sacred Heart, Milan

Department: Psychology

Previous Academic Position

Qualification: Researcher in Dynamic Psychology (SSD M-PSI/07)

Seniority: 01/09/2001

University Campus: Catholic University of Sacred Heart, Milan

Department: Psychology

Work and scientific experiences

Main research topics:

- Psychoanalytic model
- Psychodynamic psychiatry (Depressive Disorders, Psychosis and Borderline Personality Disorders in particular)
- Psychotherapy Process
- Music therapy
- Vindicativeness and revenge

Teaching assignments at the Catholic University of Sacred Heart (Milan and Brescia):

- Assignment of teaching for *Dynamic Psychology* (30 hours) at degree course in Psychological Science and Techniques, Catholic University of Sacred Heart, Brescia, academic year 2001/2002.

- Assignment of teaching for *Dynamic Psychology* at degree course in Psychological Science and Techniques, Catholic University of Sacred Heart, Milano, since academic years 2002/2003 to 2011/2012 (30 hours). The assignment also included the coordination of parallel seminars held by another teacher (10 hours) and the management of the blackboard platform (e-learning).
- Assignment of teaching for *Dynamic Psychology* at degree course in Psychological Science and Techniques, Catholic University of Sacred Heart, Milano, since academic years 2020/2021 to now (30 hours). The assignment also included the coordination of parallel seminars held by another teacher (10 hours) and the management of the blackboard platform (e-learning).
- Assignment of teaching for *Dynamic Psychology* at degree course in Psychological Science and Techniques, Catholic University of Sacred Heart, Brescia, since academic years 2007/2008 to now The assignment also included the coordination of parallel seminars held by another teacher (20) and the management of the blackboard platform (e-learning).
- Teacher of *Intervention Models in Clinical Psychology II* at the Post-graduate School in Psychoanalytic Psychoterapy (Institute of Psychoanalytic Psychology. Psychoanalytic studies on the Relationship), Brescia, since academic year 2002/2003 to 2005/2006.
- Adjunct professor at Faculty of Psychology of Catholic University of Sacred Heart since academic year 2006/2007.
- Member of the Coordination Board of *Esperienze Pratiche di Tirocinio* (EPT- referent Prof. Cesare Kaneklin) and coordinator of one of the two groups of 6 tutors since 2006 until 2011.
- Member of the Commission *Final Papers* (bachelor) at Catholic University of Sacred Heart of Milan and Brescia since 2005 until today.
- Member of the Teachers' Board of the Ph.D. in Psychology (coordinators prof.ssa E. Scabini and Prof. C. Bosio) since 2008 until today and tutor of doctorate since 2004 until today.

Scientific publications (only papers indexed in SCOPUS)

Cavalera, C., Boldrini, A., Merelli, A.A, Squillari, E., Politi, P., Pagnini, P., and **Oasi, O.** (2021). Psychotherapists' emotional reactions to patients' personality trait in personality disorder treatment settings: an exploratory study. *BMC Psychol*, 9:74 <https://doi.org/10.1186/s40359-021-00580-z>

Meliante, M., Rossi, C., Malvini, L., Niccoli, C., **Oasi, O.**, Barbera, S., Percudani, M. (2021). The Relationship between PID-5 Personality Traits and Mental States. A Study on a Group of Young Adults at Risk of Psychotic Onset. *Medicina*, 57(1), 33; <https://doi.org/10.3390/medicina57010033>

Oasi, O., Maggio, S., Pacella, S., & Molgora, S. (2019). Dropout and narcissism: an exploratory research about situational factors and personality variables of the psychotherapist. *Research in Psychotherapy: Psychopathology, Process and Outcome*, 22(2). DOI: <https://doi.org/10.4081/ripppo.2019.369>

Maggio, S., Molgora, S., **Oasi, O.**, (2019). Analyzing Psychotherapeutic Failures: A Research on the Variables Involved in the Treatment With an Individual Setting of 29 Cases. *Front. Psychol.*, 10:1250. DOI: 10.3389/fpsyg.2019.01250

Calati, R., Ferrari, C., Brittner, M., **Oasi, O.**, Olié, E., Carvalho, A.F., Courtet, P., (2018). Suicidal thoughts and behaviors and social isolation: a narrative review of the literature. *Journal of Affective Disorders*, 245, pp.653-667. DOI: <https://doi.org/10.1016/j.jad.2018.11.022>

Raglio, A., Gnesi, M., Monti, M.C., **Oasi, O.**, Gianotti, M., Attardo, L., Gontero, G., Morotti, L., Boffelli, S., Imbriani, C., Montomoli, C., Imbriani, M. (2017). The Music Therapy Session Assessment Scale (MT-SAS): Validation of a new tool for music therapy process evaluation. *Clinical Psychology and Psychotherapy*, 24 (6), pp. O1547-O1561, DOI:10.1002/cpp.2115

Straccamore, F., Ruggi, S., Lingiardi, V., Zanardi, R., Vecchi, S., **Oasi, O.** (2017). Personality factors and depressive configurations. An exploratory study in an italian clinical sample. *Frontiers in Psychology*, 8, art. no. 251, DOI: 10.3389/fpsyg.2017.00251

Oasi, O., Auerbach, J. (2017). Introduction to the issue in honor of Sidney Blatt. *Research in Psychotherapy: Psychopathology, Process and Outcome*, 20 (1), pp. 1-2. DOI: 10.4081/ripppo.2017.268

Oasi, O., Buonarrivo, L., Codazzi, A., Passalacqua, M., Ricci, G.M.R., Straccamore, F., Bezzi, R. (2017). Assessing personality change with Blatt's anaclitic and introjective configurations and Shedler-Westen Assessment Procedure profiles: Two case studies in psychodynamic treatment. *Research in Psychotherapy: Psychopathology, Process and Outcome*, 20 (1), pp. 63-80, DOI: 10.4081/ripppo.2017.231

Falgares, G., De Santis, S., Gullo, S., Carrozzino, D., Marchetti, D., Verrocchio, M.C., Coco, G.L., Kopala-Sibley, D., **Oasi, O.** (2017). The Italian version of the Depressive Experiences Questionnaire: Psychometric properties and validation in students, community, and clinical groups.

Research in Psychotherapy: Psychopathology, Process and Outcome, 20 (1), pp. 81-90, DOI: 10.4081/ripppo.2017.227

Raglio, A., **Oasi, O.**, Gianotti, M., Rossi, A., Goulene, K., Stramba-Badiale, M. (2016). Improvement of spontaneous language in stroke patients with chronic aphasia treated with music therapy: A randomized controlled trial, *International Journal of Neuroscience*, 126 (3), pp. 235-242. DOI: 10.3109/00207454.2015.1010647

Oasi, O. (2015). Observing the determinants of the psychotherapeutic process in depressive disorders. A clinical case study within a psychodynamic approach. *Frontiers in Psychology*, 6 (APR), art. no. 477, DOI: 10.3389/fpsyg.2015.00477

Raglio, A., **Oasi, O.** (2015). Music and health: What interventions for what results? *Frontiers in Psychology*, 6 (MAR), art. no. 00230, DOI: 10.3389/fpsyg.2015.00230

Oasi, O., Vecchi, S. (2015). Rethinking abuse in Borderline Personality Disorder: The case of verbal interaction across the lifespan [Ripensare l'abuso nel Disturbo Borderline di Personalità: Il caso dell'interazione verbale nell'arco di vita], *Maltrattamento e Abuso all'Infanzia*, 17 (1), pp. 119-134.

Ruggi, S., Gilli, G., Stuckless, N., **Oasi, O.** (2012). Assessing Vindictiveness: Psychological Aspects by a Reliability and Validity Study of the Vengeance Scale in the Italian Context, *Current Psychology*, 31 (4), pp. 365-380, DOI: 10.1007/s12144-012-9153-2

Raglio, A., **Oasi, O.**, Gianotti, M., Bellandi, D., Manzoni, V., Goulene, K., Imbriani, C., Badiale, M.S. (2012). Music therapy, emotions and the heart: A pilot study, *Giornale Italiano di Medicina del Lavoro ed Ergonomia*, 34 (4), pp. 438-443

Raglio, A., Traficante, D., **Oasi, O.** (2011). Autism and music therapy. Intersubjective approach and music therapy assessment, *Nordic Journal of Music Therapy*, 20 (2), pp. 123-141, DOI: 10.1080/08098130903377399

Raglio, A., **Oasi, O.**, Gianotti, M., Manzoni, V., Bolis, S., Ubezio, M.C., Gentile, S., Villani, D., Stramba-Badiale, M. (2010). Effects of music therapy on psychological symptoms and heart rate variability in patients with dementia. A pilot study, *Current Aging Science*, 3 (3), pp. 242-246, DOI: 10.2174/1874609811003030242

Calati, R., **Oasi, O.**, De Ronchi, D., Serretti, A. (2010). The use of the defence style questionnaire in major depressive and panic disorders: A comprehensive meta-analysis, *Psychology and*

Psychotherapy: Theory, Research and Practice, 83 (1), pp. 1-13, DOI: 10.1348/147608309X464206

Raglio, A., Traficante, D., **Oasi, O.** (2007). Comparison of the music therapy coding scheme with the music therapy checklist, *Psychological Reports*, 101 (3 I), pp. 875-880, DOI: 10.2466/PR0.101.3.875-880

Serretti, A., Calati, R., **Oasi, O.**, De Ronchi, D., Colombo, C. (2007). Dissecting the determinants of depressive disorders outcome: An in depth analysis of two clinical cases, *Annals of General Psychiatry*, 6, art. no. 5, DOI: 10.1186/1744-859X-6-5

Raglio, A., Traficante, D., **Oasi, O.** (2006). A coding scheme for the evaluation of the relationship in music therapy sessions, *Psychological Reports*, 99 (1), pp. 85-90, DOI: 10.2466/PR0.99.1.85-90

Cooperation with journals and institutions

- Associate Editor. Journals. Research in Psychotherapy. Psychopathology, Process and Outcome. Since 2001 until now.
- Associate Editor. Journals. Frontiers in Psychology (section for Clinical Setting, now Clinical and Health Psychology). Since 2010 until now.
- Reviewer. Journal. Cognition and emotion.
- Reviewer. Journal. Eating and Weight Disorders (Studies on Anorexia, Bulimia and Obesity).
- Reviewer. Journal. Clinical Psychology & Psychotherapy.
- Reviewer. Journal : Journal of Affective Disorders.
- Scientific consultant for Psychiatric Unit of ASST West of Milan from 2017 until now.
- Scientific consultant for ARPA (Associazione per la Ricerca in Psicologia Applicata) from 2015 until now

Others titles

- Degree in Philosophy with psychological address. Date 18/11/1986; vote: 110/110. Campus: University of Study of Milan, Professor and Chair of Dynamic Psychology, Supervisor Prof. G. Pietropolli Charmet.

- Degree in Psychology with clinical and community address. Date 05/04/1993; vote: 108/110. Campus: University of Study of Rome “La Sapienza”, Professor and Chair of General and Developmental age Psychopathology, Supervisor Prof. R. Ferri.
- Enrollment on Professional Order of Psychologists of Lombardy (n.03 4018, of 1995), after completing a post-graduate training and passing the state exam at the University of Study of Rome “La Sapienza” (14.03.1995-vote: 130/150).
- Qualification for the practitioner in Psychotherapy as provided for ex art. 35 Law 56/89 as amended by law n.4 of 14th January 1999.
- Four-years specialization diploma in Psychoanalytic Psychotherapy. Data 10/07/1999. Campus: Italian Society of Psychoanalytic Psychology, affiliated to E.F.P.P. (European Federation for Psychoanalytic Psychotherapy), Brescia, Supervisor Prof. A. Mastroianni.
- Member SITPA (Italian Society of Psychoanalytic Therapy, via Toscana, 71, Brescia) since 2000 until 2011.
- Member ISSPD (International Society for the Study of Personality Disorders) since 2006.
- Member AIP (Italian Association of Psychology), clinical and dynamic section, since 2008.
- Member SPR Italia (Italian Society for research in psychotherapy, section of Society for Psychotherapy Research) since 2009. Since 2020 member of executive board.
- Member SPI (Italian Psychoanalytic Society, Italian section of International Psychoanalytical Association) since 2011. Center: Centro Milanese di Psicoanalisi “Cesare Musatti”.
- Member APA (American Psychological Association) since 2021.
- Ph. D. in Social and Developmental Psychology. Data 25/03/1999. Campus: Catholic University of Sacred Heart, Coordinator Prof.ssa E. Scabini, Tutor Prof. S. Stella.

Autorizzo il trattamento dei dati personali contenuti nel mio curriculum vitae in base all’art. 13 del D. Lgs. 196/2003 e all’art. 13 GDPR 679/16.

Fagnano Olona, 11 maggio 2021.

In fede